



**Christmas Fayres / Annual trip - Torbay Mencap**

*Your latest news*

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**Easyfundraising, Join us in fundraising**



**Carol King**

Chair, Torbay Mencap

[chair@torbaymencap.co.uk](mailto:chair@torbaymencap.co.uk)

Vice Chair Danny Martin

<https://www.torbaymencap.co.uk>

**Welcome to our Winter Newsletter from our chairman Carol King**



Torbay Mencap wishes all our members a healthy happy New Year



The Gateway social Club re starts Tuesday evenings from 6.30 pm at Jasmyn House Paignton from January 9<sup>th</sup>



Headpoppers drama group are starting their second term and we look forward to their performance in April this year



It was wonderful to see so many of you at the Torbay Mencap Christmas Party



The Hollacombe Christmas fayre was a great success and well attended



If you are in need of a warm winter outer wear, Paignton library have a selection of previously loved coats



Don't forget our Beach Hut is available for free hire all year round



And remember if you want help or information contact us on the email below

Keep safe and stay well

**Carol King**

Chair Torbay Mencap

[chair@torbaymencap.co.uk](mailto:chair@torbaymencap.co.uk)



# The HEADPOPPERS

The HEADPOPPERS, run by Marjory Smith from St Andrews Church in Plainmoor. We have had workshops on Vocal Skills Storytelling Improvisation Teamwork Focus and listening Physical skills. We are beginning to workshop ideas and explore creating a production hopefully for May /June we'll keep you posted ! We still have room for a few more members so if anyone is interested get in touch.





## Christmas Party 2023

A huge thanks to Roger Brinicombe and Correna Farrell for organising this year's party for our members, to Correna Farrell and her team at Hollacombe providing the venue, to those who helped on the day and our members who made it such a wonderful fun packed afternoon.





## Hollacombe Christmas Fayre 2023

Hollacombe Christmas Fayre 2023 was well attended and a great opportunity to start the Christmas Shopping, buy your Christmas cards or simply meet with friends and enjoy the atmosphere.





## Torbay Carers Day



Torbay Carers Day was held in November at Paignton Library and Torbay Mencap were pleased to have a stand. It was great to chat with carers in the community and to let them know what we have to offer and to network with other care organisations in the Bay.



## The 2023 Annual trip

The 2023 Annual trip took 67 members on the Steam train from Paignton to Dartmouth where we caught a boat and sailed along the river Dart. Despite the wind and unrelenting rain we had a fabulous time.

Thanks to Roger Brinicombe and Craig Phillips for organising the trip and to all the members, carers and Torbay Mencap and Gateway committees who came on the day and made it so much fun.





The 2023 Annual trip (continued)





# Mayfield Aspirations Day

We were pleased to have a stand at Mayfield College Aspiration Day.

It was a pleasure to network with other exhibitors such as the Hollacombe Community Resource Centre, United Response, Turning Heads and Manor Farm day services to have the opportunity to meet young students who hopefully will become our members in the future.



# The Voluntary Community and Enterprise Sector

The Voluntary Community and Enterprise Sector VCSE, held their annual event at the Livermead House Hotel in Torquay on Tuesday 7th November.



It was a great opportunity to meet up with other voluntary and community interest groups so we could share our offers. We were able to add a further 11 organisations and groups to our list of referrals for members needing support. We are now in contact with 307 in total.



## Thank you to Champions

A huge thank you to Dennis & Olympeas Samuel, Torbay Mencap champions who have provided us with lots of crafting materials which we've been pleased to donate to Co-Ordin8.



Dennis and Olympeas run the Dancing with Dennis company offering weekly dances, tuition, dancing holidays and celebratory days. Each year they support a named charity and have selected Torbay Mencap for the 2024.

One of their dancers has kindly offered a holiday prize for fundraising at Tudor Lodges in Looe, Cornwall. You will soon receive details how you can enter to win this wonderful holiday.

The Dancing with Dennis group hold a mid year Christmas Dance, this year at the Livermead Cliff Hotel on June 25th where they have offered to hold the draw and have invited Torbay Mencap members at a reduced rate of £4.

### Join us in fundraising



Please remember to use easyfundraising every time you shop online! Over 7,000 brands will donate, so you can raise **FREE** donations for us no matter what you're buying. These donations really help us out, so please sign up if you haven't yet. It's easy and FREE! You can get started at

<https://www.easyfundraising.org.uk/causes/torbaymencap>



**Torbay Mencap** is here to help you.

We help both carers and those with a learning disability.



These are some of the areas **Torbay Mencap** can help you with:

**Befriending**

**Advocacy**

**Help with the NHS**

**Access to respite centres**

**Housing departments**

**Legal advice**



## Contact us

If you contact us, we can point you in the right direction.



Please fill in the form on our website to tell us what you need  
<https://www.torbaymencap.co.uk/contact-us>



Or you can call us on: 07545 086 409